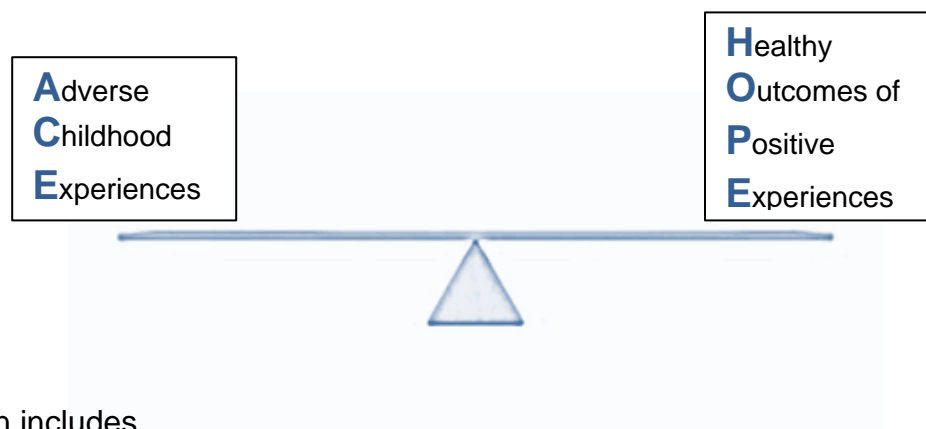


Early Bird Options-----Come Friday Afternoon for bonus learning!

Building HOPE through Trauma-Informed Churches

We cannot change the experiences people bring with them to our churches; however, we can learn how HOPE opens new opportunities for promoting relational, physical, mental, and even spiritual health in children and adults. Working with young people to help them build resilience in a safe environment is crucial to our community and our congregations.



This session includes

--an overview of ACE (Adverse Childhood Experiences--indicators that increase the risks of behavioral and mental health challenges)

--guidance on trauma-informed programming

--and how HOPE (Healthy Outcomes of Positive Experiences) can deepen our ministry to the people in our congregations.

Stacy Hall is a third-generation member of the Evangelical Covenant Church - International Falls and serves her church body with the love of Jesus. Her passion is teaching people, especially young people, who they are in Christ. Employed by the University of Minnesota Extension Center for Youth Development since 2012, she serves as Extension Educator for Koochiching County. Stacy is also an active volunteer and sits on the board of multiple non-profit organizations that address childhood poverty in her community.