

Lean In to God's Promises **Breakout Sessions 2020**

Lean In--To a Fresh Way to View Singleness

Are you single? Never married? Divorced? Widowed? Come and learn together how to find fulfillment and joy in this season of your life.

Diane Brask has been in full time ministry for 40 years. She graduated in 1980 with a Social Work Degree from Bethel University in St. Paul, MN. Diane is the Founder and Director of Global Seed Planters, working primarily in the 10/40 window with a focus on evangelism, training, church planting and humanitarian work among unreached or least reached people groups. When she is not traveling, she enjoys outdoor activities on the farm where she grew up near Grantsburg, WI.

Lean In--To Prayer

James 4:8 says, 'Come near to God and He will come near to you.' In our crazy, busy world here is an opportunity to stop. This is an opportunity to carve out some time for you, some time to come near to God, some time to dwell in quiet reflection.

Self-led time of reflection. Prayer tools and meditations will be available for your use. Use the Prayer Room or a spot in the sanctuary for time to think and read and pray.

Lean In--To Obedience - She Said Yes: Obeying God when He calls you to something different

Hear the story of how God called Jenn to lay down her net (social work) and follow Him in ministry to the least of these in East Africa. Be encouraged to listen to the Lord's pursuit of your own heart and talents, and to say 'yes' when you hear Him prompt even scary change.

Jenn Anderson: During her second mission trip to East Africa in 2011, Jenn Anderson found herself in a remote village high on Mt. Elgon in Eastern Uganda. There she came face to face with the devastating condition of nearly 200 orphaned and abandoned children. She returned to Minnesota completely broken for the plight of the orphan and the widow. In 2017, Jenn gave up her career as a Social Worker in Minnesota to pursue ministry. She has a heart for children and women and her mission is to share the love of Jesus through practical acts of love, and through sharing the message of the gospel. Her heart is to see others follow their God-given dreams and to know who they are in Christ, instead of listening to the mumblings of this world. Jenn lives in Bemidji with her husband Paul of 20 years, her two daughters and her granddaughter. She attends Bemidji Covenant Church.

Lean In--To the Holy Spirit's Prompting

Transform a scribble into a profound message from God. Using basic art materials and simple instructions, Lisa will guide you through an easy art journaling process. By leaning into the Holy Spirit's prompting you will begin to see images that resemble areas where God is moving in your life. Lisa will show examples of how this process has enhanced her own walk with God. Simple yet profound.

Lisa Lounsbury, MA, LMFT, ATR-BC: Transformation is the focus of Lisa Lounsbury's business as well as her personal walk with God. She approaches worship through artmaking in the form of visual prayer and feels called to share this with others. Her mobile mental health counseling agency, Art Lab Rx, specializes in providing art therapy services either inside a company's facility or on their customized coach bus, "Maggie," a mobile art studio. Lisa is a Board Certified Art Therapist and Licensed Marriage and Family Therapist in Golden Valley, MN. Lisa and her husband, Larry, live with their new dog, Cocoa, and are members of New Hope Church in New Hope, MN. One of the many benefits of being married to Larry is that he drives Maggie.

Lean In--To God's Promises

Remember the book "If You Give a Mouse a Cookie"? (Laura Numeroff was the author.) Teresa will lead you in "If You Give a Christian a Promise...." God, who loves us and cares for us, has made us promises. Lots of them! What is He like and how do we get to know Him better? We're going to follow that little mouse.

Teresa Whitson and her husband, Scott, moved to Woodbury in October after 32 years in Red Wing. It was all about getting closer to the grandkids.

Lean In--To A Financial Life in Order

Join Karen Palmberg, Financial Services Representative with Covenant Trust, in exploring the power and integrity and joy of aligning your core values with your financial life.

Karen Palmberg is the Financial Services Representative serving clients in Illinois including Covenant Living at the Holmstad in Batavia, IL. She has been with the company since 2013 and has a strong commitment to serving clients and helping them reach their financial goals. Working with her clients has been a blessing for Karen and has resulted in many friendships along the way. Karen graduated from North Park University, has a Certificate in Financial Planning from Boston University and has completed the Cannon Financial Trust school. When she is not helping clients, Karen enjoys spending time with her son and daughter and their families, baking, singing, and keeping all the Scandinavian traditions she remembers growing up

Lean In--To Women Ministries in the Local Church (One Session)

Are you looking for ways to get women ministries started at your church? Want to revitalize the ministries you already have going? Come to this roundtable discussion on starting and strengthening women ministries in the local church. Share what is working at your church, any obstacles you may have encountered, and ask questions about best practices for women ministries in your church. We will also discuss the changes at the denominational level and how that affects our local ministries.

Rachel Kleinschmidt is the Ministry Consultant for WMNWC and the office administrator at Riverwood Covenant Church in Greenfield, MN. She lives in Rockford with her husband Micah and dogs, Waffles and Mocha. She enjoys reading, cross-stitching, and singing with the worship team at Riverwood in her spare time.

Lean In--To Living a Joy-Filled Life (One Session)

God wants you to be healed, whole, and free from things in your life that have left you hurt, betrayed, frustrated, and stuck. There is a way to move out and on! God can transform your brokenness into something beautiful. Attend this session to begin taking important steps towards a joy-filled life in Christ.

Amy Deike is an advocate for victims of domestic violence and is actively involved with the Evangelical Covenant Church's AVA team (Advocacy for Victims of Abuse). Amy enjoys traveling with her family and experiencing God's creation in new ways. She is currently on a journey to live a joy-filled life in Christ through healthy habits and relationships. She attends Crossview Covenant Church and is part of a church plant launch team for Crossview Rosa Parks in Mankato, MN. <https://covchurch.org/abuse/> amdeike@gmail.com

Lean In--To Perseverance: Press on | Persigue la meta (one session)

Dios tiene un plan maravilloso para tu vida, un destino glorioso. En esta vida atravesamos momentos difíciles, conflictos, luchas y pruebas pero podemos confiar en Dios en estos momentos y seguir adelante, tomadas de Su mano. Filipenses 3:12 "No es que ya lo haya conseguido todo, o que ya sea perfecto. Sin embargo, sigo adelante esperando alcanzar aquello para lo cual Cristo Jesús me alcanzó a mí."

Jacquelyn Dell'Arciprete is the pastor of Spiritual Formation and Leadership Development at Destino Covenant Church in Minneapolis, MN where she serves together with her husband and lead pastor Mauricio Dell'Arciprete, an Argentine native. Destino is a bilingual church (Spanish/English) which seeks to reach the 2nd generation of Latino immigrants with a message of hope and salvation. Jacquelyn is a mother, a wife, a musician, a teacher, a church planter, and a friend.

Jacquelyn Dell'Arciprete es la Pastora de Formación Espiritual y Desarrollo de Liderazgo en la Iglesia Destino Covenant en Minneapolis, MN, donde sirve junto con su esposo y pastor principal Mauricio Dell'Arciprete, un argentino. Destino es una iglesia bilingüe (español / inglés) que ministra a la segunda generación de inmigrantes latinos con un mensaje de esperanza y salvación. Jacquelyn es madre, esposa, músico, maestra, plantadora de iglesias y amiga.