![Living Free community logo]

A response by the FargoMetro faith community to a request from local law enforcement for help with the opioid epidemic.

An international ministry approach that launched in the Fargo-Metro in January 2018

Since then, 77 people from 27 churches have completed facilitator training and 150 people have participated.

Living Free Community:
- Faith-based small groups
- Christian, trans-denominational
- Weekly meetings
- Identify life-controlling problems
- Minister to community members and returning citizens (former inmates)
- Build healthy relationships with God and others
- Connect participants to a local church

Experience Living Free Community
with Cass County Jail Chaplains and Returning Citizens

Friday, March 29th
1:00-3:30pm
at the Dakota Medical Foundation

$25
workshop registration fee to cover supplies

Enhance Your Disciple-Making Skills

During this workshop you will:
- Receive refresher training on the Listen-with-Care and Share-Your-Story skills from the Covenant BLESS toolkit.
- Learn about using 2 Peter 1:3-11 as a ladder to practice Living Free from life-controlling problems that may range from substance abuse to food to depression to relationships (or anything else that has the potential to gain mastery in our lives).
- Hear testimonies from returning citizens (former inmates) restored to the community from incarceration or treatment
- Learn about the Living Free ministry and curriculum (which uses a discipleship model) from Gerri Leach, executive director of Jail Chaplains

- **Work alongside returning citizens (former inmates) to pack backpacks for the new Community Supervision Unit where deputies work with non-violent offenders on individualized plans and transition to the community.**

"Living Free can be implemented in any town, rural or urban, that has at least one church."

Captain Andrew Frobig, Cass County Jail Administrator

![Jail Chaplains logo]

Restoring lives to the community with the love and compassion of Jesus Christ

In a survey of participants, 97% agree that they are now working on changing behaviors.

I can identify at least one self-defeating behavior that I am now working on

47% 50% 3%

Strongly Agree   Agree   Undecided